Nerol protects against hypoxia/reoxygenation-induced apoptotic injury by activating PI3K/AKT signaling in cardiomyocytes

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https://doi.org/10.37175/stemedicine.v2i6.87

ABSTRACT

**Background:** Nerol was reported as a natural anti-oxidant product and its protective effects against cardiovascular diseases have been documented. Our current study was designed to explore the cardioprotective effect of Nerol on hypoxia/reoxygenation (H/R)-induced production of reactive oxygen species (ROS) and cell apoptosis in H9c2 cells. The potential molecular mechanisms were further investigated.

**Methods:** The cells were treated with 2.5 or 5 µM Nerol before or after H/R. Lactate dehydrogenase (LDH) release, cell viability, oxidative stress markers, and apoptotic proteins were assessed by cell counting kit-8, LDH release assay, commercial kits, and Western blot, respectively. To explore the underlying mechanism, the phosphorylation of p85 and p38, regulatory subunits of phosphoinositide-3-kinase (PI3K)/protein kinase B (AKT) and mitogen-activated protein kinase (MAPK), was evaluated by Western blot. To further confirm that the PI3K/AKT signaling pathway participated in the cardiomyocyte protection, H9c2 cells were treated with 5 µM Nerol in the presence or absence of 5 µM BEZ235 or LY294002 followed by H/R treatment.

**Results:** H/R remarkably induced apoptosis, LDH release and ROS production. The cell viability was suppressed via inhibiting the PI3K/AKT signaling pathway activation. By contrast, pretreatment with Nerol can neutralize these effects by activating the PI3K/AKT signaling pathway. With the addition of BEZ235 or LY294002, the inhibitory effects of Nerol were abolished.

**Conclusion:** Nerol provided promising cardioprotective effect against H/R-induced injuries in H9c2 cells by activating the PI3K/AKT pathway.

**Keywords:** Nerol · Oxidative stress · Hypoxia/reoxygenation · Apoptosis · PI3K/AKT signaling

Introduction

The heart is a high oxygen consumption organ and the cardiomyocytes are very sensitive to oxygen deprivation (1). The reoxygenation following hypoxia normally causes massive production of reactive oxygen species (ROS), which results in oxidative damage in the pathophysiology of hypoxia/reoxygenation (H/R) injury (2). Overwhelming ROS production results in remarkable damage to cardiomyocytes and impairs the balance between oxidation and antioxidation (3). Oxidative stress is one of the main contributions to apoptosis, thus alleviating and inhibiting ROS production may be a potential therapeutic approach to promote survival and inhibit apoptosis of cardiomyocytes (4).

Discovering and developing a novel natural product to prevent and treat cardiovascular diseases resulted from oxidative stress is very meaningful (5-7). The cardioprotective effects of grape seed proanthocyanidin extract against cardiomyocyte apoptosis, DNA damages and histopathological changes have been attributed to its superior antioxidant efficacy (6). Quercetin, a flavonoid anti-oxidant present in vegetables and fruits, also shows...
cardioprotective effects through its anti-oxidative stress property (7). Previous study has revealed the cardioprotective effects of Rosa Damascene petals against myocardial infarction in rats by restoring the cardiac marker enzymes and increasing myocardial anti-oxidants (8). Nerol, one of the main chemical compositions in Rosa damascene, is known as a common constituent of several essential oils (9). It has been demonstrated that Nerol in the essential oils promotes the superoxide scavenging activities (10). The anti-oxidant potential of Nerol attracts widespread interest (9). Nerol shows a promising anti-oxidant property in hydroperoxide-stressed rat alveolar macrophages, which promotes cell viability and inhibits ROS generation (11). After being pretreated with Nerol, the arrhythmia severity index can be significantly attenuated by reducing Ca$^{2+}$ influx in guinea pig hearts (12). However, it is largely unknown concerning the cardioprotective effects of Nerol against H/R-induced injuries in cardiomyocytes.

### Materials and Methods

#### Cell culture and treatment

H9c2 cells (a rat embryonic heart cardiomyocyte cell line) was acquired from the American Type Culture Collection (ATCC, Manassas, VA). The cells were cultured in Dulbecco’s modified Eagle’s medium (DMEM, Invitrogen), 10% fetal bovine serum (FBS, Gibco), and 1% penicillin/streptomycin (1%) at 37 ℃ in a humidified atmosphere (5% CO$_2$ and 95% air).

#### H/R model

To evaluate the H/R-induced injury, H9c2 cells with or without Nerol treatment were cultured in serum- and glucose-free medium and incubated under hypoxic conditions (94% N$_2$, 1% O$_2$, and 5% CO$_2$) for 12 h at 37 ℃, and then cultured under reoxygenation conditions (5% CO$_2$ and 95% air) in complete medium for another 12 h at 37 ℃. The cells cultured under normoxic conditions were used as the control group. To determine the effects of Nerol on H/R-induced injuries, H9c2 cells were pretreated with 2.5 or 5 µM Nerol (Figure 1A, Selleckchem, Houston, TX), followed by hypoxia (12 h) and reoxygenation (12 h). To determine the potential therapeutic role of Nerol in pathological cardiac patients, the H9c2 cells were treated with Nerol after hypoxia/reoxygenation-induced injury. The corresponding lactate dehydrogenase (LDH) release and cell viability were determined. To evaluate the effects of Nerol on H9c2 cells following the treatment of phosphoinositide-3-kinase (PI3K) inhibitors, H9c2 cells were incubated with the serum- and glucose-free medium supplemented with Nerol (5 µM) with or without BEZ235 (5 µM, a dual PI3K/mTOR inhibitor, Sigma) or LY294002 (a strong PI3K inhibitor, Sigma), before H/R induction as aforementioned.

#### Cell viability determination

Cell counting kit-8 (CCK-8) assay was used to evaluate cell viability. Briefly, H9c2 cells were seeded to 96-well plates with $5 \times 10^4$ cells per well and treated with Nerol, followed by incubating with the CCK-8 reagent at 37 ℃ with 5% CO$_2$ for another 2 h. A microplate reader was used to read the absorbance at a wavelength of 450 nm.

#### LDH release assay

The LDH level was determined to evaluate the H/R-induced cell necrosis according to the manufacturer’s instruction (Takara, Dalian, China). The cells were subjected distinct treatments as mentioned before. The supernatant was carefully collected after the microplate was centrifuged at 250 g for 10 min. The supernatants were incubated with the reaction mixture for 30 min at room temperature. A microplate reader was used to read the absorbance at a wavelength of 490 nm.

#### Oxidative stress marker analysis

The levels of glutathione peroxidase (GSP-Px), catalase (CAT), superoxide dismutase (SOD) and malondialdehyde (MDA) were measured by commercial assay kits (Beyotime, Shanghai, China). In brief, the cells were lysed and homogenized by 1% Nonidet P-40 (NP-40, Sigma-Aldrich) lysis buffer containing 20 mM Tris, 137 mM NaCl, 20% glycerol, 10 mM NaF, 1 mM Na$_2$VO$_4$, 10 mM phenylmethylsulfonyl fluoride, and 1 × proteinase inhibitor cocktail, pH 7.4. The activity of CAT, GSH-Px and MDA in the homogenates was determined. To determine the activity of SOD, the cells were washed by ice-cold phosphate-buffered saline (PBS) and lysed by provided lysis buffer. The homogenate was centrifuged at 12,000 g for 5 min at 4 ℃. The supernatant was collected to determine the concentration of SOD.

#### Cell apoptosis analysis

A commercial Annexin V-FITC/propidium iodide (PI) apoptosis detection kit (Sigma-Aldrich) was used to analyze the H9c2 cells with different treatments as described above. The cells were trypsinized and washed with cold PBS, followed by resuspending in 1 × binding buffer. H9c2 cells were further incubated with PI and FITC Annexin V for 13-15 min in the dark. The apoptotic cells were quantified by flow cytometry using a FACScan flow cytometry and CellQuestTM software (BD Biosciences, San Jose, CA, US).
Western blot analysis

The total protein concentrations in the whole cell lysate were measured by using the Bicinchoninic Acid (BCA) Protein Assay Kit (Thermo Scientific, Rockford, IL) and 20-30 µg protein aliquots were denatured by heating at 95°C for 10 min in sodium dodecyl sulfate (SDS) loading buffer. Protein was separated on a 12% SDS-polyacrylamide gel electrophoresis (PAGE) gel and then transferred to polyvinylidene difluoride membranes. The following primary antibody were used: poly (ADP-ribose) polymerase (PARP); cleaved PARP; MCL-1; Bim; phosphor-p85 (p-p85); PI3K p85; phosphor-AKT (p-AKT); total-AKT; phosphor-p38 (p-p38); mitogen-activated protein kinase (MAPK) p38; and glyceraldehyde 3-phosphate dehydrogenase (GAPDH). Antibodies were provided by Cell Signaling. The relative protein expression levels were normalized to GAPDH by ImageJ software.

Caspase-3 activity assay

To evaluate the activity of caspase-3 in H9c2 cells with different treatments, a colorimetric caspase-3 activity assay kit (Beyotime) was used according to the manufacture’s instruction. A microplate reader was used to read the absorbance at a wavelength of 485 nm.

Statistical analysis

The data were presented as mean ± standard deviation (SD), which was confirmed by at least three independent experiments. One-way analysis of variance (ANOVA) models with Tukey’s post-hoc tests were used. P value less than 0.05 was considered statistically significant.

Results

Nerol ameliorated H/R-induced injury in H9c2 cells in a dose-dependent manner

Comparing to the cells cultured in normoxic conditions, H2c9 cells had significantly lower cell viability and higher LDH release after H/R induction (Figure 1B & C). In contrast, the cell viability was promoted while LDH release was inhibited by the treatment with Nerol, respectively (Figure 1B & C). Additionally, the cell...
viability increased and LDH release decreased with increasing Nerol concentration (Figure 1B & C), indicating the effects of Nerol on cell viability and LDH release exhibited a dose-dependent manner. The above results showed that Nerol displayed protective effects against H/R injury. Moreover, we also examined the inhibitory effects of Nerol by treating the cells after H/R-induced injury, and found that cell viability and LDH release were significantly promoted and inhibited, respectively (Figure 1D & E). These results revealed the protective and inhibitory effects of Nerol against pre- and post-H/R-induced injuries, respectively.

Nerol ameliorated H/R-induced oxidative stress injury in H9c2 cells in a dose-dependent manner

To investigate the effect of Nerol on H/R induced oxidative in H9c2 cells, the activities of oxidative stress markers were measured. The levels of SOD, CAT and GSH-Px were markedly decreased compared to the cells cultured under normoxic conditions; however, the levels of these markers in the cells with Nerol treatments were notably higher than the H/R stimulation (Figure 2A, B, & C). With Nerol concentration increased, the activities of Nerol on the anti-oxidant enzyme also increased. Interestingly, H/R stimulation remarkably promoted MDA content, which could be inhibited by the application of Nerol regardless of concentrations (Figure 2D). The effect of Nerol on MDA production also exhibited a dose-dependent manner and MDA content decreased with increasing Nerol concentration (Figure 2D).

Nerol inhibited cell apoptosis in a dose-dependent manner

To evaluate the effects of Nerol on H9c2 cell apoptosis after processed H/R treatment, flow cytometry analysis was used. Compared to the control, the H/R-treated cells showed a significantly higher apoptotic rate; however,
Nerol decreased apoptotic rate regardless of its concentrations (Figure 3A & B). Meanwhile, the expression of cleaved PARP and Bim was enhanced due to H/R induction; while the expression of full-length PARP and MCL-1 was abolished (Figure 3C & D). By contrast, the application of Nerol significantly suppressed the protein levels of cleaved PARP and Bim, and promoted the expression of full-length PARP and MCL-1 in a dose-dependent manner (Figure 3C & D), suggesting Nerol alleviated the H/R-induced apoptotic protein expression and inhibited the cleavage of PARP. To further confirm the inhibitory effect of Nerol on H/R-induced apoptosis in H9c2 cells, the activity of caspase-3 was quantified. The results showed that the H/R stimulation significantly promoted the caspase-3 activity, which could be suppressed by Nerol (Figure 3E). Collectively, with the Nerol concentration increased, the cell apoptosis rate, the apoptotic protein expression (cleaved PARP and Bim), and the caspase-3 activity also decreased. These results indicated that Nerol ameliorated H/R-induced cell apoptosis in H9c2 cells in a dose-dependent manner.

Nerol upregulated PI3K/AKT and MAPK signaling pathways in H9c2 cells

Compared to the control cells, H/R stimulation significantly inhibited PI3K p85, AKT and MAPK p38 phosphorylation (Figure 4A-F). As shown in Figure 4, the phosphorylation of PI3K p85, AKT and MAPK p38 was remarkably upregulated in response to Nerol treatment regardless of the concentrations. These above results indicated that Nerol upregulated PI3K/AKT and MAPK signaling pathways in H/R-stimulated H9c2 cells.

Nerol inhibited H/R-induced injury by activation of PI3K in H9c2 cells

To evaluate whether the cardioprotective effects of Nerol on H9c2 cells were mediated via the PI3K/AKT signaling pathway, the cell viability and LDH release were measured after treatment of PI3K inhibitors (BEZ235 or LY294002). There was no significant differences between the cells treated with Nerol and the control in terms of cell viability and LDH release (Figure 5). In contrast, the cells treated with both Nerol and BEZ235 displayed significantly lower cell viability and greater LDH release after H/R stimulation than the cells treated with Nerol alone (Figure 5A & B). Besides, the cell viability and LDH release in cells treated with both Nerol and LY294002 were also restored (Figure 5C & D). Collectively, these results indicated that Nerol alleviated H/R-induced injury through activating PI3K in H9c2 cells.
Discussion

This study indicated that Nerol protected cardiomyocytes against H/R-induced injuries, during which the PI3K/AKT signaling pathway might be involved. This was evidenced by increased cell viability, oxidative stress marker activities (SOD, CAT, and GSH-Px) and Bcl-2 family protein expression. Moreover, the decreased LDH release, the expression of cell-death proteases, and the increased caspase-3 activity also confirmed our findings. Finally, we found that the inhibiting PI3K/AKT activation diminished the protective effects of Nerol.

The in vitro H/R model has been widely used to mimic several cardiac pathological situations, and it is easy to control the physical and chemical environment in the H/R model (13). Mounting evidence demonstrates that H/R is sufficient to cause injuries in various cell types through in vitro experiments. Thus, cellular models of H/R are useful tools to evaluate the potent cardiac protective effects of novel agents (14). Both necrosis and apoptosis are associated with the microenvironment homeostasis disrupted by cellular hypoxia and linked to excess intracellular ROS production (14, 15). Herein, we revealed that cell viability was inhibited, LDH release was elevated, oxidative stress markers were upregulated, and caspase-3 activity was enhanced upon H/R stimulation in H9c2 cells, suggesting that H/R can indeed induce myocardial injury in vitro.

Nerol, an acyclic monoterpene alcohol, has been studied as an anti-oxidant and free radical scavenger (9). Previous studies reveal that Nerol significantly promoted cell viability, SOD activity and glutathione content in pre-oxide stressed rat alveolar macrophages; meanwhile, the lipid peroxidation, nitrogen oxide release and ROS generation were suppressed (11). To confirm the inhibitory effects of Nerol on cell apoptosis and necrosis, the expression of hallmark apoptotic and necrotic proteins was analyzed in our present study. The activity of caspases 3 cleaves PARP in fragments of 89 and 24 kDa during apoptosis (16). The function of full-length PARP is to repair DNA damage in response to a variety of cellular stresses via adding poly (ADP ribose) polymers (17). Moreover, caspase-3 is considered as one of the executor caspases in apoptosis and initiates apoptotic DNA fragmentation (18). In our current study, the activities of caspase 3 and cleaved PARP were enhanced, indicating cell apoptosis upon H/R stimulation. In contrast, the expression of cleaved PARP and the caspase 3 activity were restored in the Nerol-pretreated cells, indicating that Nerol may play an important role in protecting DNA against the oxidative stress-induced damage. The effects
of Nerol on the expression of MCL-1, an anti-apoptotic Bcl-2 family protein, confirmed these findings. In a cardiomyocyte-specific MCL-1 knockout mouse model, the progression of heart failure was delayed and the survival was extended (19). Silencing Bim was also shown to significantly attenuate oxygen deprivation-induced apoptosis in H9c2 cardiomyocytes (20). The expression of Bim in the H9c2 cells with Nerol pretreatment was diminished, suggesting that Nerol may inhibit cell apoptosis via negatively regulating Bim degradation. The findings of our study are consistent with these earlier reports and may suggest that the pretreatment with Nerol can significantly protect cardiomyocytes from H/R-induced apoptosis via mediating apoptotic protein expression.

To explore the potential mechanisms underlying Nerol mediated H9c2 cell apoptosis, the PI3K/AKT and MAPK signaling pathways were evaluated. In various cell systems, activation of PI3K/AKT stimulates cell proliferation, growth and survival. In the heart, due to the limited proliferative capacity, this pathway plays a critical role in regulating cardiomyocyte growth and survival (21, 22). PI3K is composed of a catalytic subunit p110 and a regulatory subunit p85. Increasing evidence has demonstrated that p85 can mediate PI3K signal down-regulation via binding to 3-poly-Ptdlns or Scr homology region 2 domain-containing phosphatase-1 (SHP-1) phosphatase (23). AKT is the key downstream effector of PI3K in regulating cardiac growth (21). In our current study, we found that after exposed to Nerol, the phosphorylation of AKT and p85 was significantly promoted, indicating that the upregulated phosphorylation of AKT and p85 is associated with cell apoptosis and

Figure 5. The effects of Nerol were abolished by the addition of PI3K inhibitors in cardiomyocytes. (A & B) H9c2 cardiomyocytes were treated with 5 μM Nerol in the presence or absence of 5 μM BEZ235, followed by H/R treatment for 12/12 h, or H9c2 cardiomyocytes were only treated with 5 μM Nerol for 24 h. Then, cell viability was evaluated by CCK-8 assay (A), and LDH release was estimated by LDH release assay (B). (C & D) H9c2 cardiomyocytes were treated with 5 μM Nerol in the presence or absence of 5 μM LY294002, followed by H/R treatment for 12/12 h, or H9c2 cardiomyocytes were only treated with 5 μM Nerol for 24 h. Then, cell viability was evaluated by CCK-8 assay (C), and LDH release was estimated by LDH release assay (D). n=8. p<0.01 (**).
viability. In numerous systems, the activation of PI3K/ 
AKT can provide pro-survival signals to prevent cell 
apoptosis. Constitutively activating PI3K or AKT can 
reduce hypoxia-induced apoptosis in vitro and cause 
remarkably reduced cardiomyocyte apoptosis and infarct 
size in vivo (24) Moreover, the cardiac function and 
morphology can be preserved both in vitro and in vivo as 
a result of AKT activation (22) Taken together, our findings 
suggested that the application of Nerol might be beneficial 
in cardiomyocytes in vitro through activating the PI3K/ 
AKT signaling pathway. Interestingly, we also found that 
the phosphorylation of MAPK p38 was enhanced 
following Nerol pretreatment compared to the H/R control 
without pretreatment, indicating that the MAPK signaling 
pathway may also be involved. However, the detailed 
interaction between Nerol and the MAPK signaling 
pathway and the potential mechanisms are still elusive. 
In our further investigation, the effects of Nerol on the 
MAPK signaling will be studied.

To confirm the role of PI3K/AKT signaling pathway 
on the Nerol-mediated cardiac protection, BEZ235 and 
LY294002, two specific PI3K inhibitors, were used in 
the current study. The enhanced cell viability and LDH 
release in the Nerol pretreated cells were abolished following 
the addition of BEZ235 or LY294002. The PI3K/AKT/mTOR 
signaling cascade plays a critical role in cell proliferation, 
survival and metabolism. The core components of the 
PI3K/AKT/mTOR cascade are composed of PI3K 
and its downstream mediators AKT and mTOR (25). 
BEZ235 is a dual PI3K/mTOR inhibitor and inhibits 
both PI3K and mTOR kinase activities via binding to the 
adenosine triphosphate (ATP)-binding sites of PI3K and 
mTOR (26). Additionally, BEZ235 can inhibit several 
downstream effectors, such as AKT, ribosomal protein S6 
and translation initiation factor 4E binding protein 1 (27). 
To explore the target signaling pathway, LY294002, a 
reversible inhibitor of PI3K and mTOR, was used to treat 
H9c2 cells. Similarly, the elevated cell viability and LDH 
release from the pretreatment of Nerol was abolished, 
further confirming that Nerol ameliorated the H/R-induced 
injuries via activating the PI3K/AKT signaling pathway. 
However, some limitations existed in the current study. 
Firstly, previous studies revealed that distinct potassium 
channels protected cardiac injuries via interacting with 
the PI3K/AKT signaling pathway (22, 28). The genetic 
loss of tandem pore domain acid sensitive K+ (TASK-1) 
channel can preserve cardiac function in a pressure 
overload model, which is associated with the AKT 
phosphorylation augmentation (22). Our current study 
demonstrated that both PI3K/AKT and MAPK signaling 
pathways were involved in the protective effects of Nerol 
on cardiomyocytes. Additionally, selectively inhibiting the 
PI3K signaling pathway can reverse the alleviating effects 
of Nerol; however, the detailed molecular mechanisms 
are elusive. Furthermore, the impact of Nerol on the 
MAPK signaling pathway is elusive. Therefore, in our 
further investigation, it is necessary to determine the 
potential direct targets of Nerol. Secondly, H9c2 cells 
were employed in the present study, and the in vitro 
protective effects were revealed; thus, the potential in 
vivo cardio-protective effects of Nerol are warranted 
in further investigation. Thirdly, the H9c2 cell line is 
a rat embryonic cardiomyocyte cell line, and primary 
cardiomyocytes are more relevant as they are closer to 
physiological conditions. Therefore, we will use primary 
cardiomyocytes for our further investigation to confirm 
our current findings. It should also be noted that there was 
no positive control in our experiments, which should be 
included in future studies.

Conclusion

In summary, we hereby report that Nerol alleviates 
H/R-induced injuries in H9c2 cells by promoting cell 
viability, attenuating apoptosis and oxidative stress via 
activating the PI3K/AKT signaling pathway. Therefore, 
our study suggests that Nerol could be used as a potential 
therapeutic strategy for H/R-induced injuries.

Conflict of interest

The authors declare that they have no conflicts of interest to 
disclose.

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